

Infant Nutrition

Free educational workshop in your community!

Learn about:

- Starting solid foods
- Helping baby accept new foods
- Making healthy baby food
- Hot topics like baby-led weaning

**Location: Stettler Hospital
Conference Room 1**



2019 Dates- Select just One:

- Feb. 11th or May 16th
- Sept. 24th or Nov. 26th

Time: 10:00 a.m. – 12:00 noon

To register or for more info call:

(403)-742-3326

Infants are welcome to attend!

We kindly ask that you make alternate arrangements for your older children.