

Online version of this document **plus** much more community information at:

www.stettlerconnects.com

COMMUNITY RESOURCE DIRECTORY STETTLER & DISTRICT

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Abuse & Crisis Support

Association of Communities Against Abuse (ACAA)

4804-50 Street PO Box 2132 Stettler, AB TOC 2L0

Phone: 403-742-3558 Toll Free: 1-866-807-3558 Email: info@acaahelps.ca Website: www.acaahelps.ca Alberta One Line: 1-866-403-8000 Providing specialized services to East Central Albertans impacted by sexual assault and child sexual abuse since 1990. Our services:

- Treatment
- Education
- Advocacy

Heartland Victim Services

5902-44 Avenue (RCMP Detachment) PO Box 1298 Stettler, AB TOC 2L0

403-741-7839 403-742-3382 Email: heartlandvsu02@gmail.com Provide support, information and referral to all victims of crime, trauma or tragedy within the Stettler RCMP Detachment area.

Stettler & District Crisis Aid Program

4720-50 Street (Stettler FCSS) PO Box 2097 Stettler, AB TOC 2L0

403-741-9077 403-742-2337 Email: info@stettlercsc.ca Helps individuals and families in need with one time help in a crisis situation: temporary accommodations, medical trips, gift cards for food and gas, prescriptions, employment related expenses.

Stettler Society for the Prevention of Family Violence

PO Box 2097 Stettler, AB TOC 2L0

403-740-6835 (Judi Beebe) 403-742-2337 403-742-7814 (Shaping Tomorrow) Programming for individuals looking for guidance in identifying appropriate ways of expressing anger and resolving conflict. Self-referrals are accepted.

Children & Youth

Children's Services, Stettler Office (Government of Alberta)

4705-49 Avenue 403-742-7515

Stettler Regional Child Care Society

5702-48 Avenue 403-742-3590

Email: srccc@telus.net

We are a non-profit organization that offers 5 licensed programs including: Stettler Regional Child Care Center, Leaps and Bounds Child Care Center, Stettler Family Day Homes, Out of School Care, and Stepping Stones Playschool.

Heartland Youth Center (HYC)

5002-47 Street PO Box 876 Stettler, AB TOC 2L0

403-742-5437 (KIDS) Website: www.heartlandyouthcenter.ca The Heartland Youth Center is a non-profit, charitable organization made up of the **Stettler Boys and Girls Club** and the **Big Brothers Big Sisters** of Stettler. The Heartland Youth Center endeavors to develop and nurture the life skills of youth through community-based programming with the support of families and volunteers.



Derograms Services

Find more local programs and services for individuals at all ages and stages here:

www.stettlerconnects.com

Children & Youth

Clearview Public Schools

5031-50th Street, Stettler	Big Valley School	403-876-2271
Clearview Public Schools	Botha School	403-742-5187
Central Office	Brownfield Community School	403-578-2247
	Byemoor School	403-579-3959
403-742-3331	Coronation School	403-578-3661
Website: www.clearview.ab.ca	Donalda School	403-883-2195
	Erskine School	403-742-5220
	Gus Wetter School	403-882-3242
	Stettler Elementary School	403-742-2235
	Wm E Hay Stettler Secondary Campus	403-742-3466

Start Right Playschools & Kindergartens

An excellent start to your child's learning journey begins in **Clearview Public Schools!**

Caring and Resilient Students (CARS)

Penny Warford Phone: 403-740-2775 Website: www.clearview.ab.ca

The Caring and Resilient Students (CARS) program offers targeted groups & universal programming to students within the school setting to foster social-emotional Email: pwarford@clearview.ab.ca development. Universal programming is our primary focus as we believe everyone can benefit from mental health awareness and education.

East Central Catholic Schools

Christ-King Catholic School Little Steps Pre-Kindergarten 4704B-55 St, Stettler, AB 403-742-0280 Website: www.ck.ecacs.ca

Theresetta School 5409-47 Ave, Castor, AB 403-882-3309 Website: www.theresetta.ecacs.ca



Sharebear Playschool

4720-52 Street, Stettler

403-740-2400 Email: sharebearstettler@yahoo.ca We are a non-profit society that has been in existence for over 30 years, operated by a board of volunteers. Sharebear Playschool offers a high quality early education program designed for preschool children aged 3 to 5 years.

Community & Family

Action Group

4804-50 Street, Stettler

403-743-0198 Toll Free: 1-877-782-5531 Email: agstettler@action-group.org Website: www.action-group.ca The Action Group is a non-profit, community Agency supporting adults and children with developmental disabilities. Established over 40 years ago, the Action Group provides services throughout Central Alberta from its main office in Lacombe and has an office in Stettler.

Family Resource Network (FRN)

4901-51 Street, Stettler

403-740-2558 Toll Free: 1-877-994-5465 Email: lisa.tait@mcmancentral.ca Website: www.mcmancentral.ca Provide support and advocacy for families with kids 0-18. Our primary areas of focus are:

- child development and wellbeing
- caregiver capacity building
- social connections and support

Stettler & District Family & Community Support Services (FCSS)

4720-50 Street PO Box 2097 Stettler, AB TOC 2L0

403-742-2337 Email: info@stettlercsc.ca Website: www.stettlerfcss.com

- Community Navigation Services
- Financial Literacy/Budgeting and Rent Smart
- Family/Individual Counselling
- Public Access Computer and Telephone
- Federal/Provincial Application Assistance
- Senior Supports
- Trauma, Grief and Loss Supports
- Harm Reduction Addictions Supports
- Community Volunteer Income Tax Program
- Commissioner for Oaths
- Life Coaching
- Volunteer Driver Program

Stettler Information and Referral Centre Stettler Volunteer Centre

4804-50 Street PO Box 736 Stettler, AB TOC 2L0

403-742-1155 Email: lorraine@stettlerinfo.ca Website: www.stettlerconnects.com

- Information and referral for programs / services for individuals at all ages and stages
- Assistance with government program applications
- Community Volunteer Income Tax Program, taxes prepared year-round
- Assistance to complete court applications for guardianship, trusteeship & personal directives
- Connect organizations and volunteers
- Commissioner for Oaths

Community & Family

Superfluity Thrift Shop

4832-50 Street PO Box 2062 Stettler, AB TOC 2L0

403-742-0697



Stettler Regional Board of Trade & Community Development

6606-50 Avenue

403-742-3181 Email: info@stettlerboardoftrade.com



Employment & Education

Alberta Supports

4835-50 Street, Stettler

Phone: 403-740-4320 (Stettler) Phone: 403-754-6208 (Central Region) Toll Free: 1-877-644-9992 Website: www.alberta.ca Income Support Email: is.centralregion@gov.ab.ca AISH Email: aish.centralregion@gov.ab.ca Access programs and services for:

- seniors
- employment
- homelessness
- financial needs
- children and youth
- parents and families
- people with disabilities
- guardianship and trusteeship
- abuse, bullying and family violence prevention

Stettler Learning Centre

4911-51 Street PO Box 1311 Stettler, AB TOC 2L0

403-742-6700 Website: www.stettlerlearning.com

- Learner Advising & Support
- Knowledgeable Referrals
- Adult Literacy and Foundational Learning
- English as a Second Language (ESL or ELL)
- Workplace Readiness Programs
- General Education Diploma (GED) Preparation & Testing
- Post-Secondary Information
- Staff Training Courses for Businesses
- Family Early Literacy Programs
- Community Interest Programs

Through our partnership with Campus Alberta Central we are able to offer post-secondary programs through accredited institutions, making it possible for students to take advanced education in their own community.

MH Enterprises

5402-51 Avenue, Stettler, AB

Phone: 403-740-9707; 403-740-6255 Toll Free: 1-877-823-6934 Email: roe.desrosiers@drumhellerjobs.com Email: angela.keibel@drumhellerjobs.com Website: www.drumhellerjobs.com

- Access to career testing & resource materials
- Career and education research assistance
- Resume creation and updating
- Job search and interview skills
- Knowledge and resources to assist with disability accommodations in subsidized work placements
- Access to Computer, Internet, Resource Materials, Printing, Faxing, and Telephone

Food Banks & Meal Services

Meals on Wheels

4720-50 Street (Stettler FCSS) PO Box 2097 Stettler, AB TOC 2L0

403-742-6568 (Program Supervisor)

This program is operated by Stettler & District Home Support. Hot, nutritious meals prepared by Points West Living Inc. and are delivered by volunteers.

Stettler & District Food Bank

4820-51 Street (United Church)

403-740-6733 Email: stettlerfoodbank@gmail.com Monthly Food hampers for households needing supplemental groceries

- Tuesday and Thursday, 12–2 PM
- Wednesday, 7-8 PM

These days and times may have changed; please call or email to confirm.

It's happening to individuals and families in our community: not enough money for food and essential hygiene items

The Stettler Circle of Services has created Food Bank and Hygiene Item Emergency Kits.

Food Bank Emergency Kits available at:

- Stettler FCSS (Family & Community Support Services), 4720-50 St., 403-742-2337
- ACAA (Association of Communities Against Abuse), 4804-50 St., 403-742-3558
- FRN (Family Resource Network), 4901-51 St., 403-740-2558

Hygiene Items Emergency Kits available at:

- Stettler FCSS, 4720-50 St., 403-742-2337
- ACAA, 4804-50 St., 403-742-3558

If you, or someone you know, need help, contact any one of the organizations above for confidential and caring assistance and referrals.



Housing / Transportation

County of Stettler Housing Authority

6020-47 Avenue **403-740-9224** Paragon Place: 403-742-6195 Heart Haven: 403-742-9220 Willow Creek Lodge: 403-742-2953 Big Valley Villa Community Housing 403-741-8605 Website: www.stettlerhousing.com

Operates three lodges in Stettler as well as Seniors Self-Contained, Affordable Housing, Community Housing and Rent Support programs.

Stettler Hospice Society

PO Box 880 Stettler, AB TOC 2L0

Phone: 403-741-6179 Email: admin@stettlerhospice.org Website: www.stettlerhospice.org

Provides loving, compassionate care for the emotional, physical and spiritual needs of patients and their families during End Of Life by relieving suffering, providing comfort, and helping to improve quality of living and dying.

Points West Living Stettler

4501 – 70 Street, Stettler, AB, TOC 2L1 Phone: (403) 740-7700 Email: reception.stettler@pointswestliving.com Website: www.pointswestliving.com PWL Stettler is dedicated to the Eden Alternative model of care, which promotes maximum independence, choice and dignity for each resident and encourages the involvement of family, neighbors and friends.

Handi Bus

4720-50 Street (Stettler FCSS) PO Box 2097 Stettler, AB TOC 2L0

Phone: 403-742-5858

The handibus provides transportation for seniors 60 years & over and handicapped persons of all ages. Call for rates and booking information.

Stettler Community Support Centre's Volunteer Driver Program

4720-50 Street (Stettler FCSS)

Phone: 403-742-2337

N8

This program matches local clients and drivers for medical trips to most cities in Alberta. Fees are based on a flat rate depending on destination. Please call for more information.

Stettler Information and Referral Centre has a list of apartments in Stettler. Call 403-742-1155 or come to our office for more information. 4804-50 St.

Addictions & Mental Health

Community Addictions & Mental Health (Alberta Health Services)

5912-47 Avenue (Stettler Hospital Complex) 403-743-2000 1-888-594-0211 (Provincial Intake Line)

www.albertahealthservices.ca

Addiction Helpline 1-866-332-2322

Mental Health Helpline 1-877-303-2642

Kids Help Phone 1-800-668-6868 or text CONNECT to 686868

Local Counselling

The Stettler Circle of Services can provide you with contact information for many local counselling options.

If you, or someone you know, need help, contact any one of the organizations below for confidential and caring assistance and referrals.



- Stettler FCSS (Family & Community Support Services), 4720-50 St., 403-742-2337
- ACAA (Association of Communities Against Abuse), 4804-50 St., 403-742-3558
- FRN (Family Resource Network), 4901-51 St., 403-740-2558
- Stettler Information and Referral Centre, 4804-50 St., 403-742-1155
- www.stettlerconnects.com

Health & Well-Being

Stettler Hospital and Care Centre

5912-47 Avenue 403-742-7400

Stettler Medical Clinic

4710-50 Street 403-742-3441

811

Heartland Medical Clinic

www.albertahealthservices.ca

Health Link

Health Advice 24/7

4825-50 Street 403-742-4011

Primary Care Network (Big Country) 403-442-2252

Community Public Health Centre

5911-50 Avenue

403-742-3326

Some services available in Stettler are:

- Home Care
- Immunization
- Prenatal Education
- Public Health Nursing
- Environmental Public Health
- Travel Health Services

Call for details on these and other services.

HOME CARE

Supports people with medical needs so they can live in their own homes, lodges or group homes.

Helps people of all ages who live at home and need medical support, which may include:

- care after surgery
- short-term and long-term care
- palliative and end-of-life care
- respite services
- equipment for short-term loans

Stettler Pregnancy Care Centre

5005-47 Street 587-627-1111 Email: stettler@pregnancycare.ca Website: www.pregnancycare.ca We provide a safe and accepting environment where women can find unwavering support during an unexpected pregnancy. Our Centre aims to equip and empower people looking for pregnancyrelated resources.



Community Corrections

4705-49 Avenue

403-742-7505

Community Legal Clinic, Central Alberta

#106. 4916-50 Street Red Deer, AB T4N 1X7

Phone: 403-314-9129 Toll Free: 1-877-314-9129 Fax: 403-314-9194 Email: info@communitylegalclinic.net Website: www.communitylegalclinic.net

Libraries

Stettler Public Library Programs Free to 6202 - 44 Avenue, Stettler for all ages! (Stettler Recreation Centre) Join! 403-742-2292 - https://spl.prl.ab.ca **Public** Movies and Books. Computers Magazines, Video and ebooks Games support



Each library offers additional services, call ahead for more information.

Big Valley Municipal Library

29-1 Avenue S., Big Valley Ph: 403-876-2642 https://bvlibrary.prl.ab.ca

SRC **Fitness** Pass

Donalda Public Library

5001 Main Street, Donalda Ph: 403-430-2665 https://donaldalibrary.prl.ab.ca



Health Emergency Line Program (Helpline)

4720-50 Street (Stettler FCSS) PO Box 2097 Stettler, AB TOC 2L0

403-742-6568 (Program Supervisor)

Call for information and cost for the installation and rental of the Helpline system. It assists to minimize risks being taken by individuals with health / well-being concerns.

Home Support, Stettler & District

4720-50 Street (Stettler FCSS) PO Box 2097 Stettler, AB TOC 2L0

403-742-6568 (Program Supervisor)

Support is available for house keeping, laundry, respite care, hand and foot nail care and errands that you are not able to do for yourself.

Stettler Information & Referral Centre

4804-50 Street PO Box 736 Stettler, AB TOC 2L0

403-742-1155 Email: lorraine@stettlerinfo.ca Website: www.stettlerconnects.com



- Information and referral for programs / services for individuals at all ages and stages
- Assistance with government program applications
- Community Volunteer Income Tax Program, taxes prepared year-round
- Assistance to complete court applications for guardianship, trusteeship & personal directives
- Connect organizations and volunteers
- Commissioner for Oaths

We encourage all seniors to call us if they have any questions about anything.

The HUB Seniors Centre

6202-44 Avenue (Stettler Recreation Centre)

403-742-4411

A social centre for seniors. Activities vary so call for more information.

Federal, Provincial and Municipal Services

Jobs - Social Insurance Number (SIN), Employment Insurance (EI) 1-800-206-7218

Benefits - Employment Insurance, Family and Sickness Leave, Pensions (OAS, CPP, GIS), Housing, Student Aid, Disabilities 1-800-277-9914

Taxes - Income Tax, GST/HST, Contribution Limits, Tax Credits(Canada Revenue Agency)1-800-959-8281WWW.CANADA.CA

Alberta Supports can help you access more than 30 programs and 120 services for: •seniors •employment •homelessness •financial needs •children and youth •parents and families •people with disabilities •guardianship and trusteeship

abuse, bullying and family violence prevention

www.alberta.ca

Call between 7:30 am to 8 pm, Monday to Friday 1-877-644-9992 toll-free provincewide **Dial 211 for information on Alberta Services**

Central Regional Alberta Works Contact Centre 403-754-6208 Income Support Email: IS.CentralRegion@gov.ab.ca Ince prevention AISH Email: AISH.CentralRegion@gov.ab.ca

Town of Stettler

5031 - 50 Street 403-742-8305



Website: www.stettler.net

County of Stettler

6602 - 44 Avenue 403-742-4441 Website: www.stettlercounty.ca



ooking for something?

Like and Follow our Page on Facebook!

What's New Volunteer Community Events



Things To Do Programs & Services

A project supported by:

Stettler Information & Referral Centre Lorraine Hankins 4804-50 Street 403-742-1155 Iorraine@stettlerinfo.ca See page 4 for a list of services provided by Stettler Information & Referral Centre

